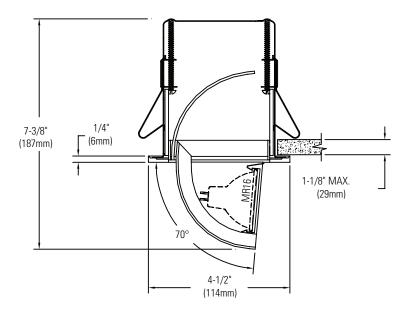
Page 1 of 2

3 3/4" (95mm) Aperture Adjustable Elbow MR16



Complete fixture consists of Reflector Trim & Power Pack. Select each separately.

Reflector	Trim	Frame-In	Kit	Lamp
378STX 378WHX 378BKX	Stainless Steel Plated White Paint Black Paint	Remodeler Remodeler Remodeler Non-IC IC IC IC Airseal / IC Airseal / IC	300MRSPX 3401MREX 303MRE* 302MRSPX 302MREX 302MRIC9SPX 302MRIC7SPX 302MRAICSPX 302MRAICSPX	50W MR16 50W MR16 37W MR16 50W MR16 50W MR16 37W MR16 37W MR16 50W MR16

^{*}Certified for wall application with 303MRE with 37W MR16

Features

- 1. Flange: Die-cast aluminum .070" (2mm) thick.
- 2. Elbow Housing: Die-Cast aluminum; provides 358° horizontal rotation and 0° to 70° vertical adjustment. Retracts to provide fully recessed downlight. 85° vertical adjustment. Retracts to provide fully recessed downlight.
- 3. Mounting Clips (2): 24ga. spring steel, zinc plated. Provide easy snap-in / snap out action.
- 4. Lamp Guard: 1 3/4" (45mm) dia. borosilicate glass.

Frame-In Kit

Note: For complete Frame-In Kit specifications, see 300 frame specification sheets.

Labels

CSA, UL Suitable for damp locations

Job Information	Туре:
Job Name:	
Cat. No.:	
Lamp(s):	
Notes:	

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3 3/4" (95mm) Aperture Adjustable Elbow MR16

(FC) is initial footbandles at center of beam. Beam length (L) and beam width (W) are to where the candlepower is reduced to 50% of benter beam candlepower.

CBCP is center beam candlepower.

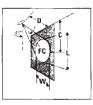
(C) is distance to the center of the beam.

Lamp data shown is typical, and is based on bare lamp photometrics. Contact lamp manufacturers for availability and performance.









			1													45° AIMING ANGLE					
	Beam Spread	20	Rated			G ANG			MING				o Alk								
Lamps	(To 50% CBCP)	JECP	Life (Hrs.)	D Mane	FC	L	W	D C	FC	L	W	D	С	FC	L	W	D	С	FC	L	W
MR-16 LOW	VULIAGE HA	LUGEN B	I-PIN LA	MP3	167	0.9'	0.9'	6' 3.5'	148	1.0'	0.8'	2'	3.5	256	1.0	0.5'	4'	4.0'	181	1.0	0.7'
20W MR-16 VNSP (EZX)	<u> </u> 7*	8200	3000	10° 13°	82 49 32	1.2° 1.6'	1.2° 1.6° 2.0°	9' 5.2' 12' 6.9' 15' 8.7'	66 37 24	1.5° 2.0° 2.3°	1.3' 1.7' 2.1'	3° 4° 5°	5.2' 6.9' 8.7'	114 64 41	1.5 2.0' 2.5'	0.7' 1.0' 1.2'	6° 8° 10°	6.0° 8.0° 10.0°	81 45 29	1.5 2.0 2.5	1.0' 1.4' 1.7'
20W MR-16 NSP (ESX)	13°	3600	3000	6' 8' 10' 12'	100 56 36 25	1.8° 2.3°	1.81 1.81 2.31 2.71	5' 2.9' 7' 4.0' 9' 5.2' 11' 6.4'	94 48 29 19	1.5' 2.1' 2.7' 3.4'	1.3' 1.8' 2.4' 2.9'	2' 3' 4' 5'	3.5° 5.2° 6.9° 8.7°	113 50 28 18	1.9° 2.8° 3.8° 4.7°	0.9' 1.4' 1.8' 2.3'	3° 5° 7° 9°	3.0 5.0 7.0' 9.0'	141 51 26 16	1.4' 2.3' 3.2' 4.2'	1.0° 1.6′ 2.3′ 2.9′
20W MR-16	40°	525	4000	2" 3" 4" 5"	131 58 33 21	2.2' 2.9'	1.5' 2.2' 2.9' 3.6'	2' 1.2' 3' 1.7' 4' 2.3' 5' 2.9'	85 38 21 14	2.0° 3.0° 4.1° 5.1°	1.7' 2.5' 3.4' 4.2'	1' 2' 3' 4'	1.7' 3.5' 5.2' 6.9'	66 16 7 4	4.8' 9.7' 14.5' 19.3'	1.5' 2.9' 4.4' 5.8'	2' 3' 4' 5	2.0° 3.0° 4.0° 5.0°	46 21 12 7	3.4° 5.0° 6.7° 8.4°	2.1′ 3.1′ 4.1′ 5.1′
35W MR-16 NSP (FRB)		8700	4000	7' 10' 13' 16'	178 87 51 34	1.5' 2.1' 2.7	1.5' 2.1' 2.7' 3.4'	6' 3.5' 9' 5.2' 12' 6.9' 15' 8.7'	157 70 39 25	1.7' 2.5' 3.4' 4.2'	1.5' 2.2' 2.9' 3.6'	2' 3' 4' 5'	3.5 5.2 6.9 6.7	272 121 68 44	1.7 2.6 3.5 4.3	0.8° 1.3° 1.7° 2.1°	4' 6' 8' 10'	4.0° 6.0° 8.0° 10.0°	192 85 48 31	1.7' 2.6' 3.4' 4.3'	1.2' 1.8' 2.4' 3.0'
35W MR-16	٨	3900	4000	6° 8′	108 61 39	2.1' 2.8' 3.5'	2.1' 2.8' 3.5'	5' 2.9 7' 4.0' 9' 5.7' 11' 64'	101 52 31 21	2.4' 3.3' 4.3' 5.2'	2.0° 2.9° 3.7° 4.5°	2' 3' 4' 5'	3.5' 5.2' 6.9' 8.7'	122 54 30 20	3.1 4.7 6.2 7.8	1.4' 2.1' 2.8' 3.5'	3' 5' 7' 9'	3.0 5.0 7.0 9.0	153 55 28 17	2.2° 3.6° 5.1° 6.6°	1.5' 2.5' 3.5' 4.5'
SP (FRA)	20°	7600	4000	12' 4' 6' 8'	27 100 44 25	2.9' 4.4' 5.8'	4.2° 2.9° 4.4° 5.8°	3 1.7' 5 2.9' 7 4.0'	115 42 21	3.0° 5.1° 7.1°	2.5' 4.2' 5.8'	1' 2' 3'	1.7' 3.5' 5.2'	200 50 22	4.8' 9.7' 14.5'	1.5' 2.9' 4.4'	3' 4' 5'	3.0° 4.0° 5.0°	63 35 23	5.0 6.7 8.4	3.1' 4.1' 5.1'
7L (FMW) 37W MR-16	40°	11500	400C	6 12 16	180 80 45	1.4' 2.1' 2.8'	7.3' 1.4' 2.1 2.8	9' 5.2' 7' 4.0' 10' 5.8' 13' 7.5'	152 75 44	9.1 1.6 2.3 3.0	1.4' 2.0' 2.8"	3° 4° 5°	6.9' 5.2' 6.9' 8.7'	160 90' 58	2.1° 2.9° 3.6°	1.0° 1.4° 1.7°	5° 7' 9'	5.0° 7.0° 9.0°	163 83 50	1.8° 2.5° 3.2°	1.2° 1.7° 2.2°
37W MR-16	V 10,	3500	4000	6' 8' 10'	97 55 35	2.7' 3.5' 4.4'	3.5' 2.7' 3.5' 4.4'	16' 9.2' 5' 2.9' 7' 4.0' 9' 5.2'	91 46 28	3.0° 4.2° 5.4°	3.2° 2.6° 3.6° 4.6°	2' 3' 4'	3.5° 5.2° 6.9°	109 49 27	4.3' 6.2' 8.3'	1.8° 2.7° 3.5°	3° 5° 7°	3.0° 5.0° 7.0°	137 49 25	2.8° 4.7° 6.5°	1.9° 3.1° 4.4°
37W MR-16	25.	2050	4000	12' 4' 6' 8'	128 57 32	2.9° 4.4° 5.8°	5.3' 2.9' 4.4' 5.8'	11' 6.4' 3' 1.7' 5' 2.9' 7' 4.0'	19 148 53 27	3.0° 5.1° 7.1°	5.6° 2.5° 4.2° 5.9°	1' 2' 3'	1.7' 3.5' 5.2'	258 64 23	10.4° 4.8° 9.7° 14.5°	1.5' 2.9' 4.4'	9 3 4 5	9.0 4.0 5.0	61 45 29	5.0° 6.7° 8.4°	3.1' 4.1' 5.1'
1R (FL)	40°	13,100	3500	10° 8° 12° 16°	205 91 51	7.3' 1.3' 1.9' 2.5'	7.3' 1.3' 1.9' 2.5'	9' 5.2' 1' 4.0 10' 5.8' 13' 7.5'	174 85 50	9.1 1.5 2.1 2.7	7.6' 1.3' 1.8' 2.4'	3' 4' 5'	5.2' 6.9' 8.7'	182 102 66	19.3' 1.9' 2.6' 3.2'	0.9° 1.3° 1.5°	6' 7' 9'	5.0° 7.0 9.0°	20 185 95 57	10.1 2.2 2.8	1.1' 1.6' 2.0'
VNSP (EZY)	<u>a.</u>	2400	4000	20° 4′ 6′ 8′	33 150 67 38	1.9' 2.9'	3.** 1.9' 2.9' 3.8'	16' 9.2' 3' 1.7' 5' 2.9' 7' 4.0'	33 173 62 32	3.4° 2.0° 3.3° 4.6°	2.9' 1.7' 2.8' 3.9'	1 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	10.4 1.7' 3.5' 5.2'	300 75 33	3.8' 2.3' 4.6' 7.0'	1.9' 1.9' 1.9' 2.9'	3' 4' 5'	3.0 4.0' 5.0'	94 53 34	3.5' 3.1' 4.1' 5.1'	2.4' 2.0' 2.7' 3.4'
NFL (EYS)	27'	10,200	4000	- 10° - 12° - 15°	24 159 71 40	4.8' 2.0'	4.8° 2.0° 2.9° 3.9°	9' 5.2' 7' 4.0' 10' 5.8' 13' 7.5'	135 56 39	5.9° 2.3° 3.3° 4.3°	5.0° 2.0° 2.8° 3.7°	3' 4' 5'	5.2' 6.9' 8.7'	19 142 80 51	9.3° 3.1° 4.1° 5.1°	3.6' 1.5' 2.0' 2.5'	6' 5' 7' 9'	5.0° 7.0° 9.0°	24 144 74 45	6.1' 2.5' 3.5' 4.5'	1.7' 2.4' 3.1'
NSP (EXT)		3400	4000	6' 8' 10'	26 94 53 34	4.9° 2.9° 3.8° 4.8°	4.9' 2.9' 3.8' 4.8'	5' 2.9' 7' 4.0' 9' 5.2'	28 88 45 27	5.3' 3.3' 4.6' 5.9'	4.5' 2.8' 3.9' 5.0'	6. 3, 4,	3.5° 5.2° 6.9°	35 106 47 27	6.2° 4.6° 7.0° 9.3°	2.9' 1.9' 2.9' 3.6'	11' 3' 5' 7'	3.0° 5.0° 7.0°	30 134 48 25	5.5' 3.1' 5.1' 7.1'	3.8' 2.0' 3.4' 4.8'
NFL (EXZ)	27'		_	12'	116	5.8° 2.9°	5.8' 2.9'	3' 1.7' 5' 2.9	18 134 48	7.2' 3.0' 5.1'	6.1' 2.5' 4.2'	1'	3.7' 1.7' 3.5'	17 231 58	11.6' 4.8' 9.7'	4.8' 1.5' 2.9'	9' 3' 4'	9.0° 3.0° 4.0°	73 41	9.2' 5.0' 6.7'	6.1' 3.1' 4.1'
50W MR-16 FL (EXN)	40*	1850	4000	8' 10' 3'	51 29 19	4 4' 5 8' 7 3'	4.4° 5.8° 7.3°	7' 4.0' 9' 5.2' 3' 1.7'	25 5 83	7.1' 9.1' 4.6'	5.9° 7.6°	3° 4°	5.2' 6.9'	26 14	14.5' 19.3' 22.3'	4.4' 5.8' 2.1'	5' 6' 2'	5.0° 6.0°	26 18	8.4° 10.1° 5.7°	5.1' 6.2' 2.9'
50W MR-16 WFL (FNV)	55°	1150	4000	5' 7' 9' 8'	46 23 14 219	5.2° 7.3° 9.4°	5.2' 7.3' 9.4'	5' 2.9' 7' 4.0' 9' 5.2'	30 15 9	7.6' 10.7' 13.7'	6.0° 8.4° 10.8°	3' 4' 3'	3.5′ 5.2′ 6.9′	36 16 9	44.5 66.8 89.1	4.2' 6.2' 8.3'	3° 4′ 5′	3.0° 4.0° 5.0°	45 25 16	8.6' 11.4' 14.3'	4.4' 5.9' 7.4'
73W MR-16 SP	10:	14000	4000	12 16' 20'	97 55 35	2.1 2.8 3.5	2,1' 2.9' 3.5'	10' 5.8 13' 7.5 16' 8.2	91 54 36	2.3° 3.0° 3.7°	2.0° 2.6° 3.2°	5 6	8.9' 8.7' 10.4'	109 70 49	2.9' 3.6' 43'	1.4' 1.7' 2.1'	7' 9' 11'	7.C' 9.C' 11.0'	101 61 41	2.5 3.2 3.8	1.7' 2.5' 2.7'
73W MR-16 FL	36	2500	4000	4' 6' 8' 10'	156 59 39 25	2.5' 3.8' 5.2' 6.5'	2.6' 3.8' 5.2' 6.5'	3' 1.7' 5' 2.9' 7' 4.0' 9' 5.2	65	4.5 6.3 6.1	3.8° 5.3° 6.6° 2.0°	3 4	3.5 5.2 6.9	78 35 20	7.5° 11.4° 15.2°	2.6° 3.9° 5.2°	5 6 5	4.0 5.0 6.0	55 35 25	5.8' 7.3' 6.7'	3.7 4.6 5.5
75W MR-16 NSP IFYEL	<u> </u>	12,000	4000	8' 12' 16' 20'	188 83 47 30	2.0° 2.9° 3.9° 4.9°	2.0° 2.9° 3.9° 4.9°	10′ 5.8′ 13′ 7.5′ 16′ 9.2′	78 40 30	3.3' 4.3' 5.3'	2.8° 3.7° 4.5°	5' 6'	6.9° 8.7° 10.4°	94 60 42	4.1' 5.1' 6.2'	2.0° 2.5° 2.9°	7′ 9′ 11'	7.0° 9.0° 11.0°	87 52 35	3.5° 4.5° 5.5°	2.4° 3.1° 3.8°
75W MR-16 NFL (EY _V)	<u> </u>	4900	4000	6' 8' 10' 12'	136 77 49 34	2.7' 3.5' 4.4' 5.3'	2.7' 3.5' 4.4' 5.3'	5′ 2.9 7' 4.0 9′ 5.2 11′ 6.4	' 39 ' 26	3.0° 4.2° 5.4° 6.6°	2.6' 3.6' 4.6' 5.8'	2' 3' 4' 5'	3.5° 5.2° 6.9° 8.7	153 58 38 25	4.2 6.2 8.3 10.4		3′ 5′ 7′ 9′		192 69 35 21	2.8° 4.7° 6.5° 8.4°	
75W MR-16 FL (EYC)	A2"	2100	4000	4' 6' 8' 10'	131 58 33 21	3.1' 4.6' 6.1' 7.7'	3.1' 4.6' 6.1' 7.7'	3' 1.7 5' 2.9 7' 4.0 9' 5.2	' 28	3.2' 5.4' 7.5' 9.7'	2.7' 4.4' 6.2' 6.0	1' 2' 3' 4'	1.7' 3.5' 5.2' 6.9'	263 66 29 16	5.5' 11.0' 16.5' 22.0'	4.6	3° 4° 5° 6°	5.0'	62 46 30 21	5.4° 7.2° 9.0° 10.8	
MR-16 HAL	OGEN LOW V	OLTAGE	BI-PIN L	AMPS W	ITH A	LUMIN	IZED (NON-DICH		REFL	ECTORS										
50W MR-16 NSP	\ \ \	10,50C	3500	8' 12' 16' 20'	164 73 41 26	1.5' 2.3' 3.1' 3.9'	1.5′ 2.3′ 3.1′ 3.9	7' 4.0' 10' 5.8 13' 7.5 16' 9.2	68 40 27	1.8' 2.6' 3.3' 4.1'	1.6' 2.2' 2.9' 3.6'	3' 4' 5' 6'	5.2' 6.3' 8.7' 10.4'	146 82 53 36	2.4' 3.2' 4.0' 4.8'	1.2 1.5 1.9 2.3	5′ 7′ 9′ 11′		148 76 46 31	1,9° 2.7° 3.5° 4.3°	1.4 1.9 2.5 3.0
50W MR-16 NFL		3000	3500	6′ 8′ 10′ 12′	83 47 30 21	2.7' 3.5' 4.4' 5.3'	2.7' 3.5' 4.4' 5.3'	5' 2.9 7' 4.0 9' 5.2 11' 6.4	40 24	3.0° 4.2° 5.4° 6.6°	2.6' 3.6' 4.6' 5.6'	2' 3' 4' 5'	3.5' 5.2' 6.9' 8.7'	94 42 23 15	4.2' 5.2' 8.3' 10.4	1.8' 2.7' 3.5' 4.4'	3′ 5′ 7′ 9′		118 42 22 13	2.8' 4.7' 6.5' 8.4'	1.9 3.1 4.4 5.6
50W MR-16		1900	3500	4' 6' 8' 10'	119 53 30 19	2.9' 4.4' 5.8' 7.3'	2.9' 4.4' 5.8' 7.3'	3' 1.7 5' 2.9 7' 4.0 9' 5.2	49 25	3.0′ 5.1′ 7.1′ 9.1′	2.5° 4.2° 5.9° 7.6°	1' 2' 3' 4'	1.7' 2.9' 4.0' 5.2'	238 59 26 15	4.8' 9.7' 14.5' 19.3'	4.4	3′ 4′ 5′ 6′	3.0° 4.0° 5.0° 6.0°	75 42 27 19	5.0' 6.7' 8.4' 10.1	

Job Information

Type:

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